

DISCO RIOT presents

S P A C E Showcase

Ed. 4

ABOUT S P A C E

We movers and shakers know that the art of making dances requires S P A C E, and while there seems to be plenty of it out there, it doesn't always feel accessible. DISCO RIOT's S P A C E Alliance Studio Residency program is promoting the cooperation of local spaces and movement-artists. This unique program not only connects dance makers to rehearsal space, but also offers an organized and mindful experience for creative inquiry, artistic development, networking, creative exchange, and a platform to share work. DISCO RIOT's community partners provide 40 hours of rehearsal space over the course of the residency period to selected resident artists. In the spirit of community, collaboration and exchange, the residency program also includes master classes taught by the resident artists for their home studio communities, showings of each artist's work-in-progress, and culminates in a final presentation of artists' work.

ABOUT DISCO RIOT

OUR MISSION IS TO GROW SOCIAL CONSCIOUSNESS AND CONNECTION THROUGH COLLABORATIVE, THOUGHT-PROVOKING MOVEMENT-BASED ARTS IN SAN DIEGO.

DISCO RIOT exists to elevate a collaborative art culture in San Diego and beyond — because the world needs more movement-based art. We connect dancers and artists who want to move themselves and audiences in ways that push boundaries to make high impact art that promotes community, justice, and movement as a form of radical expression.

DISCO RIOT produces and supports innovative dance programming, connects artists across media and form to grow and intensify our community, and provide an educational space that reflects contemporary and progressive professional realities.

Our intent is to incite the exploration and (r)evolution of what our arts community can truly be, and to change the culture of how dance exists within it. Dance is potent; dance should move people. DISCO RIOT is here to make people feel and see something significant, and to move them towards the unexpected.

**For more information, and to support our mission, visit
DISCORIOT.ORG**

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Frame Works

This research and subsequent pieces are choreographed by Micah Parra, developed in collaboration with Alara Jones, Alia Parra, Eliana Krasner, Marc Myron, Meili Murray and Terra Miller. Any projections by Alara Jones and Micah Parra. **Frame Works** is a small collection of stories. A love letter to nature, a loss of friendship (or self), the cyclical nature of time, and a personal reflection from Micah.

Piece 1: Evergreen

Dancers: Alara Jones, Eliana Krasner, Marc Myron, Meili Murray and Terra Miller
Music: Standard Measures by DEEP LEARNING

Piece 2: Split

Dancers: Alia and Micah Parra
Music: The First Disciple by Tamino

Piece 3: Loop

Dancers: Alara Jones, Eliana Krasner, Marc Myron and Meili Murray
Music: First Rain by Duval Timothy

Piece 4: Thanks

Dancers: Micah Parra
Music: Hello, My Friend the 5am Sun by Oscar Lang

Thank you endlessly to DISCO RIOT's Zaquia Mahler Salinas, Taylor Olson, Alyssa Rose and Sam Yokoyama for being present and providing this opportunity.

Thank you John Malashock, Molly Puryear and Kaely Garred of Malashock Dance for scheduling, talking and supporting me by providing a beautiful and safe space to dance.

Thank you, audience, so much for seeing my first set of stories.

All interested eyes, ears and time shared in this creation process is superbly appreciated. Hope you enjoy.

- Micah

Thank you to Malashock Dance for providing 40 hours of space to Micah for this residency!

MALASHOCK
DANCE

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Frame Works

bios

Micah Parra (she/they) is an instructor, choreographer and movement artist with a background of multi-styled dance, circus and gymnastics. Her current approach to development as a dancer / choreographer is to rigorously explore and nourish curiosity. Last November Micah moved to San Diego from Las Vegas but was raised in Vancouver, Washington. She is eager and warmed to finally find such a strong local dance community. Frame Works is her first solo project. Watch her journey @micahparra on Instagram!

Meili Murray (she/her): After an upbringing of competitive dance in Washington, I am reconnecting with dance in San Diego with friends from our hometown studio. Working with Micah encourages me to explore the power and art of vulnerability. I am so grateful to be part of this project alongside great people and beautiful dancers!

Alara Jones (she/her): I grew up in Washington doing gymnastics and dancing with Micah, but didn't dance in Montana where I attended film school. I'm an editor with a small business (<https://alarajones.wixsite.com/my-site>) but I'm also passionate about dancing and performing. Working on Frame Works has reminded me of that.

Eliana (Elle) Krasner (she/her) is a San Diego native who puts her mind and body to work exploring the ways that dance informs the complexities of her own identity and her lifestyle of questioning. She began her training at Step in Step Dance studio and SDSCPA. In May, she received her BFA in Dance from The Peabody Conservatory at Johns Hopkins University. See more at elianarosedance.com and @elianarosedance on Instagram!

Alia Charles (she/her), from Las Vegas, Nevada, started as a competitive gymnast and now trains full time at the San Diego Circus Center. In 2022 she was accepted into higher education for Circus yet decided to remain in SD to pursue Russian Bar as her primary discipline.

Hi! My name is **Marc Myron** (he/him), I'm 21, just moved to San Diego, and am a dancer and cheerleader! In my free time I practice new Circus disciplines and workout. Fun fact: My favorite turn is leg hold turns!

Terra Maria (she/they) loves long barefoot walks in the forest and four hour long improv workshops. Terra works as a dancer, choreographer, teacher photographer, art director and personal assistant in her home city of San Diego. She's incredibly grateful for the opportunity to perform modern dance again and is honored to move in such a beautiful piece.

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Under These Conditions: A Religious Unpacking

This work was researched and choreographed by Rachel Catalano (she/her) in collaboration with Miranda Reed (she/her)

Performing artists:

Holly Clark (she/her)

Joseph Lister (he/they)

Monica Lopez Esteban (they/them)

Daisy Mohrman (she/her)

Miranda Reed (she/her)

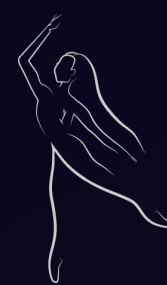
Rachel Torres (she/her)

Odessa Uno (she/her)

This piece explores the toxicity in the particular religious environments I grew up in. I have chosen to explore a few distinct memories from my childhood and play with how they have bled into adulthood.

1. **Doctrine** - Video edited by Thomas Catalano (*Trigger warning: There is content in the video that is unquestionably homophobic and transphobic. While we do not agree with or support these views, the film is meant to give context to the toxic environment that can occur within organized religion. Please enjoy the show.*)
2. **My hiding place** - Monologue written and voiced by Rachel Catalano, recorded and edited by Thomas Catalano
3. **Romantically Involved** - Music: Origine by Else
4. **Church** - Music: Omen by The Do, edited by Thomas Catalano
5. **Prayer** - Music: Sequence by Else
6. **My hiding place pt. 2** - Monologue written and voiced by Rachel Catalano, recorded and edited by Thomas Catalano
7. **The voices** - Monologues written by Rachel Catalano, Thomas Catalano, Holly Clark, Daisy Mohrman, and Miranda Reed
Voiced by Rachel Catalano, Thomas Catalano, Holly Clark, Daisy Mohrman
Edited by Thomas Catalano over The Road by Thyacaline

Thank you to BalletCenter Studios for providing 40 hours of space to Rachel for this residency!



BalletCenter
Studios

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Under These Conditions: A Religious Unpacking

bios

Rachel Catalano (she/her) is a movement artist & choreographer. She began her formal training in the Midwestern US with over a decade of classical ballet instruction before transitioning into her current passion for contemporary movement with an emphasis on somatic healing. She has worked closely with many renowned dancers, choreographers, and contemporary companies all over the world, including a year in Paris, France at Studio Harmonic's contemporary school. Rachel's work has been performed in France and several cities throughout the U.S. She started Fresh Congress Contemporary Dance in San Diego in 2021, where they produced 2 full shows in their first year. She has recently been commissioned to choreograph for Malashock Dance and San Diego Dance Theater. Rachel is honored to have taken part in the S P A C E Residency and looks forward to continued connections with the beautiful people of DISCO RIOT.

Miranda Reed is a creative mover from Nashville, currently living in San Diego. She is drawn to somatic movement and exploring her own strengths and limitations through contemporary dance. This is her second season with Fresh Congress and her first time collaborating in the choreography process.

Joseph Lister (he/they) has a BA in dance and experimental choreography from the University of California, Riverside. Post grad he now is artistic director and co-founder of CalliOpus Contemporary, a dance company in Temecula, CA along with dancing for Fresh Congress, Malashock and San Diego Ballet.

Odessa Uno is a movement based artist working in Southern California. She holds a BFA in Dance from California Institute of the Arts. Her mission is to make dance an accessible art form. The foundation of all of her work endlessly references her belief in the importance of community, love, and integrity.

Daisy has pursued her passion for modern dance for almost ten years with Shieldwall Dance Company, DVDance, selah dance collective, Nebula Dance Lab, and Weslie Ching, among others. She holds a BA in Dance and Holistic Health from Chapman University and is pursuing her doctorate in physical therapy at SDSU.

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Under These Conditions: A Religious Unpacking

bios

Rachel Torres graduated from UCSD with a BA in Literature with Honors and a minor in Dance. She has performed works by several local artists including John Malashock, Jean Isaacs, Sadie Weinberg, Debi Toth, Erica Buechner, Lavina Rich, and Rebecca Brown. Rachel currently teaches adult Intermediate/Advanced Modern at the Malashock Dance School and is in her second season with Fresh Congress Dance.

Holly Clark grew up in Memphis, Tennessee, at Ballet Memphis. She continued training at UNCSCA and received her BFA in Contemporary Dance, studying Limón, Release technique, Countertechnique, Ballet, Choreography, and more. Holly has danced with Charlottesville Ballet, Golden State Ballet, Ballet Collective San Diego, California Ballet, and Fresh Congress Dance.

Mónica (they/them) grew up dancing in San Diego and recently returned home after completing a BA in Psychology at Seattle University. Mónica performed in San Diego Dance Theater Trolley Dances this September and recently started dancing with Fresh Congress. Mónica views dance as a therapeutic form of healing, expression, and connection.

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Project Psyche: Loyalty

Director: Zack King

Performers: Zack King(he/him), Imahni King (he/him)

Loyalty is the second installment in the trilogy, Project Psyche. The first installment named Fear, was an exploration of the fragile nature of ego, the resilience of artists, and the simultaneous feeling of the fright and sense of home I experience on stage during performance. In Loyalty, I hope to question the promises and negotiations I've made with myself as a way of coping with my unfulfilled desires as an artist and my fleeting dreams of success.

Music credits

Piano accompaniment: Imahni King

Music and inspiration: Kendrick Lamar – United in Grief, BJ the Chicago Kid and Kendrick Lamar – His Pain, J.I.D. – Workin Out, Isaiah Rashad – Headshots (4r Da Locals)

Additional media credits

Thank you to Imahni King, Nhu Nguyen, and Justin Morrison for your artistic contributions

Costume and Set

Zack King

bios

Zack King is a dance maker, actor, and video artist. He received his BFA in Dance with a minor in Theater from SDSU in 2018. He strives to cultivate empathy and curiosity by making work that is personal and socially relevant.

Imahni King has been performing in San Diego since the age of eight and playing piano since he was 10. When he's not performing or recording some project with his brother, Zack, he spends his time composing or writing!

Thank you to Art Produce for providing 40 hours of space to Zack for this residency!

Art Produce

CULTURE + COMMUNITY

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TEAM

Artistic Director: Zaquia Mahler Salinas (she/her)

Production Management & Lighting Design: Taylor Olson (she/her)

Sound: Erick Hernandez (he/him)

Events & Communications Assistant: Alyssa Rose (they/them)

Social Media & Marketing: Sam Yokoyama (she/her)

Volunteers: Adam Shay (he/they), Jasmyn Hamblin (they/she), Cathy Taister (she/her), and Sam Yokoyama (she/her)

THANK YOU

We want to share our deepest gratitude for the **S P A C E Residents** and their collaborators for allowing us the privilege of facilitating their artistic exploration. It is an honor to witness and support the creation of movement-art by talented and thoughtful artists in our community!

We send a big shout out to our **S P A C E Partners** who supported these artists with the gift of safe, free space to be in their process; this resource is essential for supporting the creation and development of new work by independent artists in our our community.

Our **Board of Directors, Grant Committee, all of the DISCO RIOT staff, and volunteers** deserve a huge thank you for their work in supporting the mission and work of this organization. The success of every program we activate is interconnected, and made possible by your work.

Board of Directors: Erika Wexler, Zach Leffers, Joyce Lien Kushner, and Jennifer Samore

Grant Committee: Elva Salinas, Anna Rogers, and Erika Wexler

DISCO RIOT Staff: Lauren Christie, Marty Dorado, Sol dela Rosa, Odessa Uno, Chelsea Zeffiro, Desiree Cuizon, and Trystan Merrick, Taylor Olson, Alyssa Rose Soderberg, and Zaquia Mahler Salinas.

Thank you to the City of San Diego, the City Heights Library Performance Annex for hosting our showcase!